

Tea in January

Recipe Journal Pages



www.teainjanuary.com

monthly calendar

MONTH:

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TOP 3 RECIPES TO MAKE:

1. _____ ☐
2. _____ ☐
3. _____ ☐

NOTES

meal planner

WEEK OF: _____

	BREAKFAST	LUNCH	DINNER	SNACK
SUN				
MON				
TUES				
WED				
THURS				
FRI				
SAT				

recipe sheet

PREP TIME:

COOK TIME:

SERVES:

INGREDIENTS

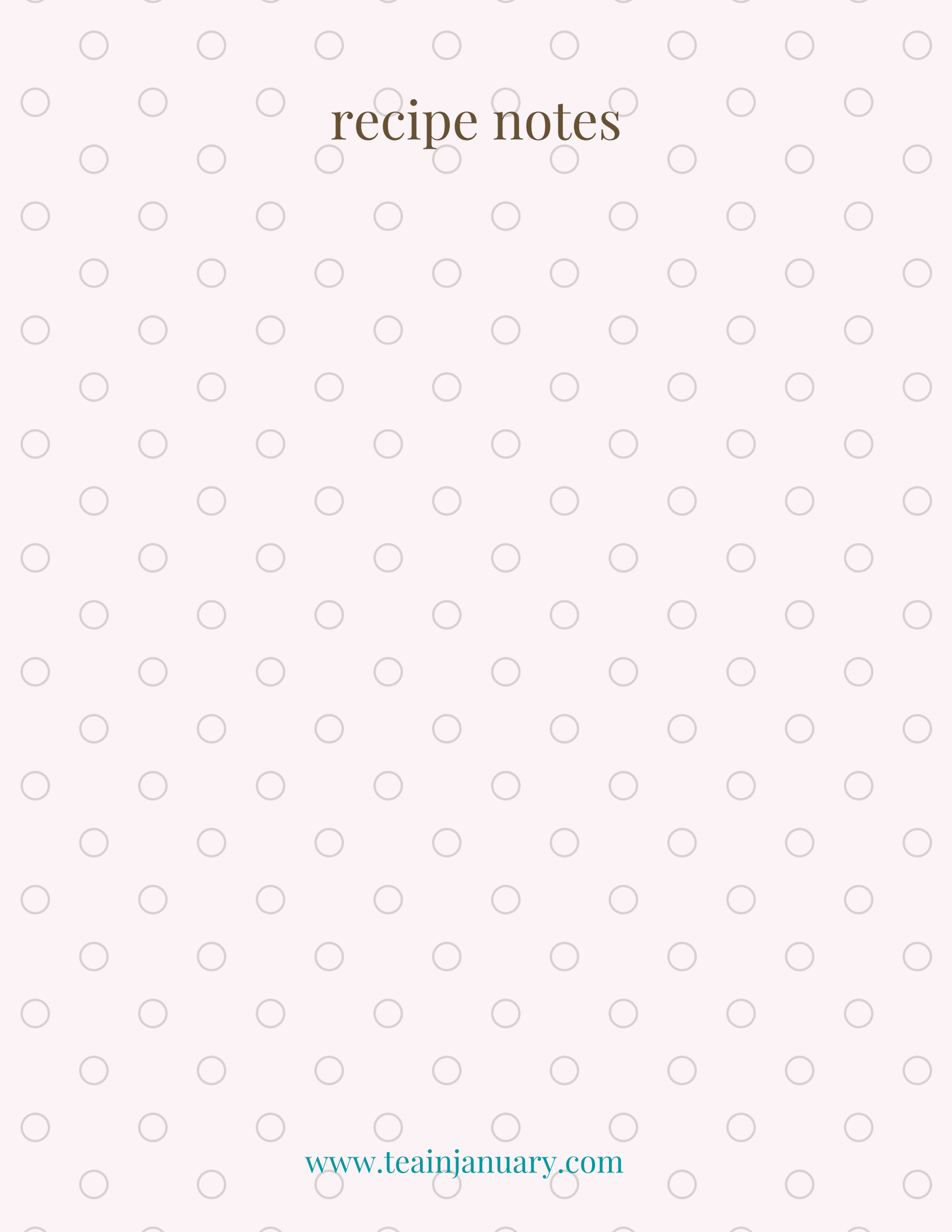
Directions

NOTES

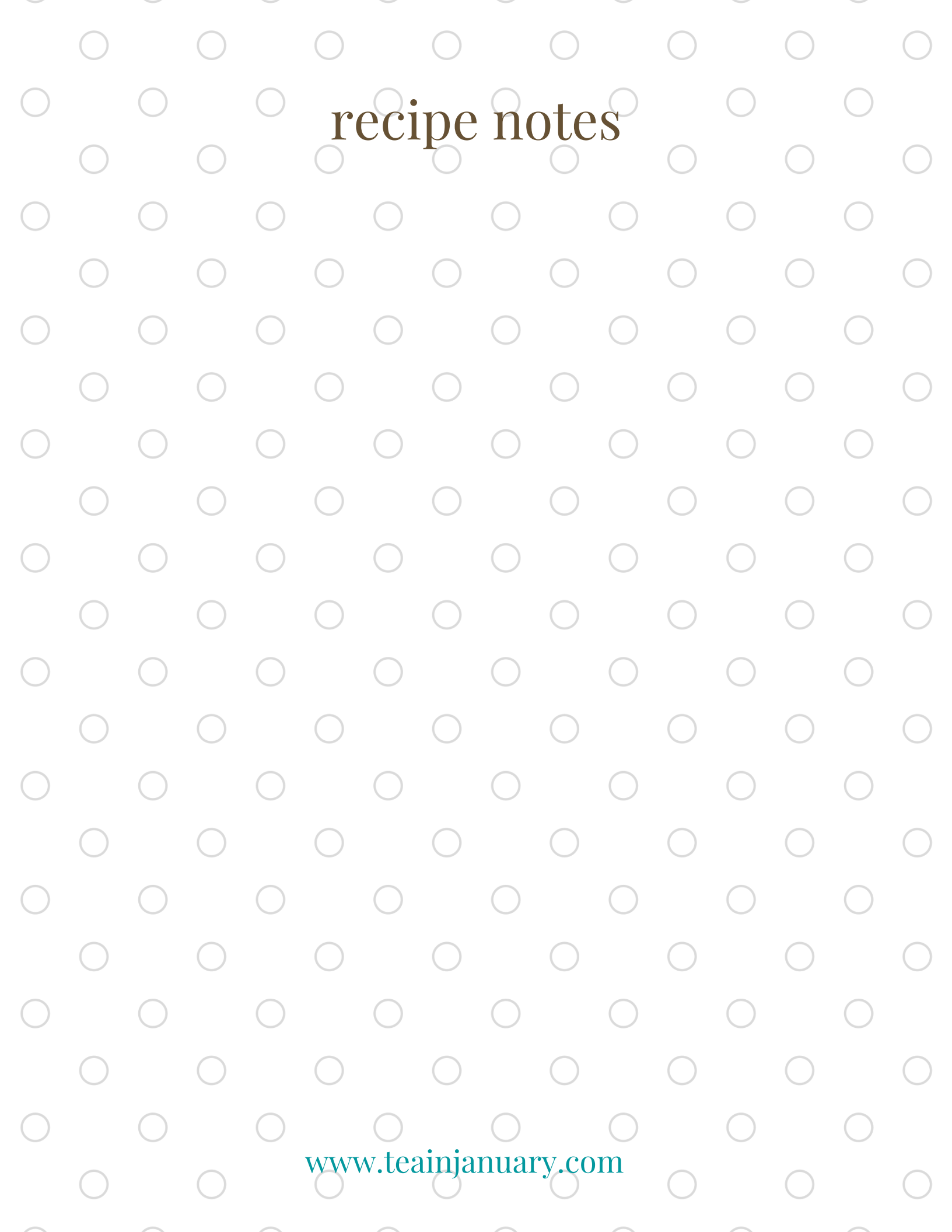
recipe notes



[illegible]



recipe notes

The background of the page is covered with a repeating pattern of small, light gray circles. These circles are arranged in a grid-like fashion, with some circles slightly offset from the main grid, creating a subtle, textured effect.

recipe notes

recipe notes

Date:

Recipe Title:

Recipe Source:

Ingredients:

Instructions: